

Miles for Moz 5K & Fun Run

to benefit children in Mozambique



January 29, 2011
Burden Center
-corner of I-10 & Essen
-next to LSU Rural Life Museum
8:00 AM

Register, Donate or Volunteer online today!

milesformoz@hotmail.com

milesformoz.weebly.com



J.A. YOUNG & ASSOCIATES, INC.



HIA™

Health Initiative Abroad, Inc.

Race Entry (5K & Fun Run) Circle One

Name: _____ Age on Raceday: _____
 Address: _____ Gender: M F
 City: _____ State _____ Zipcode: _____
 Email: _____ Shirt Size: S M L XL XXL
 Phone: _____ Emergency Contact Info: _____

I know that running and/or volunteering in a running event are potentially hazardous activities and I should not enter unless I am medically able and properly prepared and/or trained. I assume all risks associated with running outdoors in local weather, the conditions of the road or running surfaces and traffic on the course. In consideration of my being admitted to participate in the "Miles for Moz" race, for myself, my heirs and assigns, executors, and administrators, do hereby release and discharge Rocket Racing, LSU, Burden Center, Sponsors, Volunteers, their employees and their agents, of and from any and all claims of demands for damages of liability in any manner arising out of my participation in said event. I agree to follow all rules and to permit myself to be removed from competition if, in the opinion of the race administrators, my competing would endanger my health or the health of others. I certify that I am in good health and that I am prepared to compete in this event. I understand that roads will be open to traffic, including vehicular, pedestrian and cycling. No Ipods or portable listening devices allowed in the race.

Signature (parent if racer is a minor): _____ Date _____

Print Name: _____

Race shirts for the first 300 registered.

Race shirts are not guaranteed if you register after Jan. 24, 2011.

Race Fee: \$25.00

Make Checks Payable to: Brothers of the Sacred Heart (BSH) Foundation - "Miles for Moz"

4600 Elysian Fields Ave., New Orleans, LA 70122

